

## **Multisensory therapy for the elderly at the San Ramón Nonato Residence with the help of Fundación Cepsa**

- **The Ramón Díaz de Bustamante Foundation is the winner of the 2022 Social Value Awards with this initiative that combines other therapies such as plant workshops**

Fundación Cepsa visited the Ramón Díaz de Bustamante y Vélez Foundation in Los Barrios, which won the 2022 Social Value Award for its project to improve therapeutic care for the elderly at its facilities.

The initiative consists of acquiring furniture and equipment for the different occupational therapy rooms to improve the quality of life and care of the elderly residents at the center. In addition to material for more classic workshops, such as obstacle courses for working on psychomotor skills, therapies with plants and multisensory stimulation, the highlight of this initiative, have been implemented. These therapies create a setting that provides visual, tactile, olfactory, and auditory sensory experiences that promote emotional well-being and stimulate both physical and cognitive abilities, while offering professionals different elements that can help them achieve their therapeutic objectives. The staff of the San Ramón Nonato Residence have received specific training to be able to carry out these types of therapy.

Estrella Blanco, head of Fundación Cepsa, attended this visit with the Cepsa San Roque professional David Salazar, the sponsor of the Ramón Díaz de Bustamante y Vélez Foundation. She valued "the work being done by this foundation's team for the good of the elderly in our society, who can now benefit as well from multisensory stimulation therapies that even users with a greater level of disability can participate in."

### **The Social Value Awards**

These awards are one of the stand-out initiatives of Fundación Cepsa. The aim of the awards is to provide support to individuals, associations, and underprivileged sectors of society so as to foster a spirit of solidarity and promote educational and sustainable development through the involvement of Cepsa staff, who sponsor the programs that the associations of the Campo de Gibraltar region submit as candidates to receive the Social Value Awards. The period for submitting entries to the 2023 competition will start in September.

**Fundación Cepsa** is a general interest, nonprofit entity whose aim is to carry out initiatives that serve the needs and priorities of the local communities where its founder, Compañía Española de Petróleos S.A. (Cepsa), conducts its activities. The areas of action for Fundación Cepsa are social, environmental, and scientific-educational.



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**Fundación Cepsa**

sanroque@fundacioncepsa.com

Tel.: (+34) 956 023 600 659578080

[www.fundacioncepsa.com](http://www.fundacioncepsa.com)